PCT Application

## IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

In Re Application of: PAULL, Colin Int'l App. No.: PCT/GB99/02722 Int'l Filing Date: 18 August 1999 App. No.: (not yet assigned) Filing Date: (filed concurrently herewith)

For: EXERCISER

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## PRELIMINARY AMENDMENT

The present Preliminary Amendment is being filed concurrently with the National Stage application identified above. Prior to calculating the filing fee due in the aboveidentified application, please enter the Preliminary Amendment set forth below. A VERSION WITH MARKINGS TO SHOW CHANGES MADE is attached as an appendix hereto in which deletions are designated by brackets and insertions of new language are underlined.

## In the Claims

Claim 1 remains unchanged.

Please substitute amended claims 2-12 as provided below for the respective claim with the same number:

2. (Amended) An exerciser comprising an elongate body (2) containing a resistive mechanism (14), a removable first handling member (5,7) arranged generally along the major axis of the elongate body (2) and slidably received within the body (2), the resistive mechanism (14) providing a force against the insertion of the first handling member (5,7) into